

Activity	Bird spotting!		
Key:	Due the various abilities of our children we have graded some of the activities into different levels. Your child may access different levels depending on the activity as well as their ability.	Contact details:	schools@cdssgroup.org.uk
Seeds		All Education Advocates access this email. Sarah Larkin (Cheshire West) Becky Harris (Cheshire West) Yvonne Edwardson (Cheshire East)	
Saplings			
Trees			

Brief description of Activity

This is an activity that can be done anywhere, you can bird spot whilst on the move or from the comfort of your home looking through the window.

Activity – Seed, Saplings and Trees

We have several resources attached to supplement today's activities.



There are three bird feeder ideas attached that you could make to encourage the birds to visit your garden. Birds are great to have in the garden as they eat the insects that are a pest to plants. The feeders can be made very easily using either pine cones, toilet rolls or yoghurt pots. Here's Aidan and his brother, Charlie making theirs.

Now you have something to attract the birds to your garden, find a spot to watch them. If you have a pair of binoculars this would give an even better view. They are tricky to use so have a practice first. The link below will help to identify the birds you see if you do not have a book.

This link asks you to describe the colour of its wings and legs etc to find which bird it is.

https://www.rspb.org.uk/birds-and-wildlife/wildlife-guides/identify-a-bird/?utm_source=homepage&utm_medium=d_and_e#bird_id



Encourage your child to listen to the birds, they all have a different song. On the RSPB website you can listen to the different songs they sing and see if you can hear them in your garden. Follow the link below to hear the bird's songs.

<https://www.rspb.org.uk/birds-and-wildlife/bird-songs/what-bird-is-that/>

There is a bird spot attachment from the RSPB. You can tick the birds you see whilst watching. Also on the site are other nature spotting sheets for flowering plants, tracks and signs, minibeasts and trees and shrubs. Follow the link below for these.

<https://www.rspb.org.uk/fun-and-learning/for-teachers/lesson-plans-and-supporting-resources/spot-it/>

Attached are some photographs of common garden birds. You could have a look at them all and print out the ones you commonly see in your garden. You could stick them to a window where you can see the birds and watch to see them visiting. You could decide on a period of time to watch for and count how many you see in that time. Put a sticker on the paper to record the amount and count at the end.



Alternatively, you could attach a peg to the picture for each particular bird. Which birds visit the most?

There are some other great garden activities on the website below.

<https://www.nhs.uk./change4life/activities/accessible-activities>

Attachments

- Pine cone bird feeder
- Toilet roll bird feeder
- Yoghurt pot bird feeder
- Twinkl bird sighting checklist
- RSPB spot it birds and mammals
- Twinkl photographs of birds.

Cheshire Downs Syndrome Support Group

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