

Activity	Body parts	
Key:	Due the various abilities of our children we have graded some of the activities into different levels.	Contact details:
Seeds		schools@cdssgroup.org.uk All Education Advocates access this email. Sarah Larkin (Cheshire West) Becky Harris (Cheshire West) Yvonne Edwardson (Cheshire East)
Saplings	Your child may access different levels depending on the activity as well as their ability.	
Trees		

Brief description of Activity

A simple activity to identify parts of the body in as much detail as you wish by drawing around a person.

Resources needed

Paper and cellotape or a large opened out cardboard box, pens and a body!
 Scissors for cutting up activity sheet- attached.

Activity – Seeds and |Saplings

What to do:

Draw around your child and label the parts of the body.
 You can colour in the image or cut up paper to decorate.

Depending on your child's ability you can decide how much detail you would like to go into labelling body parts. Your child can add the details or you could draw them in for your child. You could include details like fingernails, knuckles, wrists etc.



Activity - Trees



To extend this activity further:

You could discuss the bones inside your body and how your muscles are attached to them so we can move, look at the names of the bones in a skeleton. Use activity sheet to support.

Dorling Kindersley has some fascinating information on the human body. <https://www.dkfindout.com/uk/human-body/skeleton-and-bones/>

You could look at senses. Touch, sight, sound, smell and taste.

<https://www.dkfindout.com/uk/human-body/senses/>

Go outside and see what you can hear, smell, see?

Find things that feel different and put in a bag. Can you guess what it is and describe how it feels? Can you find something that feels similar? This is tricky as generalising is difficult.

Include things that are smooth, rough, spiky, fluffy etc.

Attachments

Twinkl – body parts to label

Twinkl – Skeleton parts to label

Cheshire Downs Syndrome Support Group

Registered Charity Number 1146127.

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