

Activity	Making a drink		
Key:	Due the various abilities of our children we have graded some of the activities into different levels. Your child may access different levels depending on the activity as well as their ability.	Contact details:	schools@cdssgroup.org.uk
Seeds		All Education Advocates access this email. Sarah Larkin (Cheshire West) Becky Harris (Cheshire West) Yvonne Edwardson (Cheshire East)	
Saplings			
Trees			

Brief description of Activity

Independence skills are key for our children. Is your child capable of making themselves a drink?

In this activity we look at how to make a hot chocolate. Alternatively, you could squeeze oranges and make orange juice.



Activity

If your child is too young to make hot chocolate independently then try squeezing oranges. Simply roll and orange round and round to make it nice and juicy. Cut it open and squeeze out the juice.

You could point out the difference between cordial and fresh juice and how different amounts of water need to be added to them.

Where do oranges come from? Have a look at the clip below.

<https://thekidshouldseethis.com/post/how-does-it-grow-oranges>



If your child enjoys films and music, then watch the clip from Polar Express showing the song Hot Chocolate (link below)

<https://youtu.be/5Uuw3JKLO1g>

Activity

Making hot chocolate. Look at the hot chocolate sequencing cards (attached) and read them with your child.

See if your child can find the ingredients and utensils needed (jug, spoon, cup, pan if using) and set them out on table ready to use.

You may wish to start by following the sequencing cards together and first demonstrating how to make a hot chocolate for yourself.

Next, let your child follow the sequencing cards to make their own hot chocolate in either a pan or in the microwave. (Always supervise your children with hot liquids and appliances).

Enjoy drinking your hot chocolates together. You could watch the song again if your child enjoys it.

Cut up the sequencing cards and see if your child can remember the order in which they made the hot chocolate, sticking each card in turn onto a piece of paper.

Alternatively, they may like to write their own instructions instead of using the sequencing cards.

A writing template is attached.

Where does Chocolate come from?

Have a look at the link below.

https://youtu.be/Qx5iz_ELLo8



Attachments

Hot chocolate sequence cards

Cheshire Downs Syndrome Support Group

Registered Charity Number 1146127.

Website address: www.cheshiredownssyndrome.com

Phone number: 07518 590300

Support us at : www.justgiving.com/cheshiredownssyndrome/raisemoney