

Activity	Make a rainbow		
Key:	Due the various abilities of our children we have graded some of the activities into different levels. Your child may access different levels depending on the activity as well as their ability.	Contact details:	schools@cdssgroup.org.uk
Seeds		All Education Advocates access this email. Sarah Larkin (Cheshire West) Becky Harris (Cheshire West) Yvonne Edwardson (Cheshire East)	
Saplings			
Trees			

Brief description of Activity

We are really enjoying seeing all the rainbows for the NHS that people have been displaying in their windows, so it has inspired us to create a rainbow resource! We hope you enjoy it.



Resources needed

See below

Activity - Seeds

Rainbow song – sang by Peggy Lee. You Tube

<https://youtu.be/TxsHzfpjbHw>

Use the attached resource to learn the Makaton signs for the different colours in a rainbow and listen to the song 'Sing a Rainbow'.

Can you find things in your house that are the same colour as the colours in the rainbow? A red t shirt, a yellow bowl, a pink shampoo bottle? Show your child the colour using the colour splats attached, tell them what its name is and the Makaton sign. Let them take the colour splat with them to find a matching coloured object.

If you have lots of buttons saved in a tin somewhere, you could try the rainbow button placing activity on the attached resource to work on some fine motor skills (always supervise children with small objects that could be put in their mouth). Alternatively, you could draw a large rainbow and find items around the house in the correct colour to fill in the colours.



Rainbow Sensory Noodles.

Resource attached. Make these crazy coloured noodles using the attached resource.

Activity – Saplings and Trees

Rainbow Windsock

You will need

- Paper cup/sturdy toilet roll tube
- Cotton wool balls
- Coloured tissue paper, coloured paper or ribbons.
- Glue
- String



To make your rainbow windsock, ask your child if they can help you cut strips of the coloured paper.

Make small holes in the sides of your paper cup or tube and thread a string through (you may want to use a needle for this). Tie to make a hanging loop. Stick the cotton wool balls all over the outside of the paper cup or tube so they look like clouds.

Next stick strips of your coloured papers/ ribbon etc to the bottom, inside rim of the cup or tube and hang up.

Rainbow science

Explore light and refraction using these simple resources from your home.

You will need

- A CD
- A small torch
- Colouring pencils

Plain paper

Put your CD in the middle of a piece of plain paper. Shine your torch at the surface of the CD and you will see a rainbow! Use your pencil crayons to colour the different colours you can see onto the piece of paper.

See if you can name all the colours or learn the Makaton signs for them.



Attachments

Rainbow noodles recipe
Rainbow button placing
Makaton colours
Colours on splats

Cheshire Downs Syndrome Support Group

Registered Charity Number 1146127.

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