

Activity	Internet safety		
Key:	Due the various abilities of our children we have graded some of the activities into different levels.	Contact details:	schools@cdssgroup.org.uk
Seeds	Your child may access different levels depending on the activity as well as their ability.	Saplings	All Education Advocates access this email.
Trees		Trees	Sarah Larkin (Cheshire West) Becky Harris (Cheshire West) Yvonne Edwardson (Cheshire East)

Brief description of Activity

The internet is a wonderful resource and we have heavily relied on it during this period of lockdown. This activity introduces you to the Childnet International's website which has lots of information to keep your child safe online. In this activity we have tried to point you to the most relevant information, so you do not have to scour the site. Should you wish to learn more about the subject there is an online safety presentation for parents.

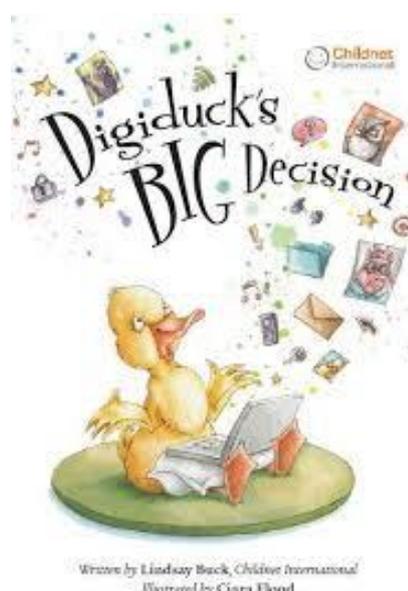
<https://www.childnet.com/teachers-and-professionals/staff-led-online-safety-presentations/staff-led-parent-online-safety-presentation>

Resources needed

<https://issuu.com/benedge7/docs/digiduck-ebook/4>
e-book
'Digiducks Big Decision' is a story about what might happen should Digiduck decide to post a silly photo of his friend online.

<https://apps.apple.com/app/id912787376> Link to the app for the animated story.

<https://www.childnet.com/ufiles/Digiduck-Poster-A3.pdf> A poster showing being a good friend online, saying kind things to others and making sensible choices.



Activity: Seeds

Childnet International's 'Digiduck's Big Decision' is a charming, educational e-safety story for children aged 3-7 and this has been turned into a fun, interactive app by Internet Matters working with Childnet. You can download the app for free and enjoy it with your child. Narrated by singer Sophie Ellis-Bextor and her mum the former Blue Peter presenter Janet Ellis, the story teaches children the importance of being a good online friend and is a great conversation starter for parents to raise the issue of internet safety and being a good online citizen from an early age.

Help arrives just in time for Digiduck when he is faced with a difficult decision. Follow Digiduck and his friends in this story of friendship and responsibility online. Children can read the story, follow the narration and help bring the illustrations to life by interacting with the app and creating fun actions and animal noises. The app then allows them to take a quick quiz to sum up what they have learned through the story. Parents can also learn more about keeping their children safe online with access to the Internet Matters website through the app.

Top tips for keeping younger children safe online can be found here.
<https://www.childnet.com/ufiles/Keeping-Under-Fives-Safe-Online2.pdf>

Activity: Saplings

Parental controls. This link points you to the information you need to set up parental controls on your device to help prevent age inappropriate content being accessed online in your home.

<https://www.childnet.com/parents-and-carers/hot-topics/parental-controls>



Below is the link to a story about smarty the penguin, There are versions for children at an EYFS, Y1 or Y2 stage they tackle issues such as what to do if something happens when you're online such as upsetting images, inappropriate websites or someone asking for your personal details.

<https://www.childnet.com/resources/smartie-the-penguin>

Activity: Trees



Get smart is for children that are using the internet competently. Following the link below will show the information below and reveal a quiz on online safety. The answers are included.

<https://www.childnet.com/young-people/primary/get-smart>

S is for safe

Keep your personal information safe. When chatting or posting online do not give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.

M is for meet

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

A is for accepting

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they have sent you.

R is for reliable

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

T is for tell

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – **0800 11 11** or www.childline.org.uk

Be SMART with a heart

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

Attachments:

N/A

Cheshire Downs Syndrome Support Group

Registered Charity Number 1146127.

Website address: www.cheshiredownssyndrome.com

Phone number: 07518 590300

Support us at: www.justgiving.com/cheshiredownssyndrome/raisemoney