

| Activity | Let's make Playdough | | |
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| Key: | Due the various abilities of our children we have graded some of the activities into different levels. Your child may access different levels depending on the activity as well as their ability. | Contact details: | schools@cdssgroup.org.uk |
| Seeds | | All Education Advocates access this email. | |
| Saplings | | Sarah Larkin (Cheshire West) | |
| Trees | | Becky Harris (Cheshire West) Yvonne Edwardson (Cheshire East) | |

Brief description of Activity

A great recipe for homemade playdough and some activities to focus on the details of our faces, number recognition and working on hand strength to support fine manipulative skills such as handwriting.

Resources needed

Flour, oil – vegetable or baby oil, salt, water.
Kitchen utensils, such as forks and rolling pins, patty tin.
Optional – Numicon, pasta, spaghetti, twigs.

Activity – *Seeds, Saplings and Trees*

Lets make playdough!

- **2 cups of plain flour (self raising will work too)**
- **2 tablespoons of vegetable oil. (baby oil will work too)**
- **½ cup of salt**
- **Mix ingredients together and add 1 to 1 ½ cups of hot water – (Food colouring optional add to the water.)**
 - Stir together until it becomes a sticky dough.
 - When cooled knead until it the stickiness has gone.
 - Add more flour if too sticky.
 - Adding cream of tartar will help this playdough last longer but keep in the fridge in between use and it will stay useable for about a week.
 - You can add glitter if you have any at home.

Once ready, here's a few ideas to try....

- *Playdough disco! Playdough and music*
 Have fun, kneading, squashing, twisting, poking, pulling and rolling playdough to the beat of music they enjoy.

- *Pretend to make cakes*
 Roll the playdough into balls and place in your patty or muffin tin to 'make cakes'.
 Use different utensils to make patterns in the top. Using a masher, ricer or fork will make great patterns.

- *What else can you find that will leave a pattern?*
 Running cars over the playdough or pressing buttons, pasta, leaves or twigs all will make great marks.



- *Playdough sums*
 - If you have Numicon at home then make Numicon shapes out of playdough.

You can bake this playdough if you want to keep your creations.
 Doing subtraction sums are great with playdough Numicon. Just rip off the amount you want to subtract and see what is left for the answer.



- *Playdough faces*
 - Draw a face on a piece of paper and roll out the playdough to create eyes, nose, eyebrows and smiles etc.

Twinkl has a great number of ideas for playdough mats that you can print off or copy under 'playdough mats'

Attachments

Twinkl – Playdough mats
 Twinkl – Playdough number mats

Cheshire Downs Syndrome Support Group

Registered Charity Number 1146127.

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