

Activity	Exploring the sense of touch		
Key:	Due the various abilities of our children we have graded some of the activities into different levels.	Contact details:	schools@cdssgroup.org.uk
Seeds			All Education Advocates access this email.
Saplings	Your child may access different levels depending on the activity as well as their ability.		Sarah Larkin (Cheshire West) Becky Harris (Cheshire West) Yvonne Edwardson (Cheshire East)
Trees			

Brief description of Activity

This activity helps children recognise by touch, to explore how things feel and begin to describe them.

We have also included a Makaton resource for you to enjoy with your child.

Resources needed

Shaving foam
Paper
Paint
Old length of wall paper
Old tissue boxes
A range of different objects with different textures.

Activity: *Seeds*



Using washable paint, help your child to paint their hands or feet (let them paint yours too!) Make a piece of art together on the back of some old wall paper and chat about how the paint feels on your skin. Cold, tickly, wet, sticky, slippery etc

Activity: *Saplings*

Fill a bowl with shaving cream and squirt some washable paint over the top of it. Encourage your child to begin mixing the paint into the foam with their hands to make a marbled effect. Talk about how the foam and paint feels on the skin. Again, you might use words like wet, smooth, soft, slippery etc. Place a piece of paper gently over the foam and paint to produce a marbled painting. When the artwork dries the shaving foam will begin to flake and so again, help your child describe how it feels, using words like, hard, flaky, crumbly etc.



Activity extension: *Trees*

Pick 3-5 different textured objects and allow your child to explore the feel of each of them. Can they tell you how they feel? Hard, soft, rough, smooth, warm, cold, squishy, furry, heavy, light etc.

Place each object into an old tissue box and let your child feel inside each box to find out if they can tell what is hiding in there without looking. You can have a go too. Explain how you are deciding what the object is by talking about how it feels “this feel’s hard and round so it can’t be the feather” etc.

If your child is doing well, choose new, familiar objects to your child and do not let them practice touching them first. Are they still able to guess the object?



Attachments:

Word description cards
 Makaton touch resource



Cheshire Downs Syndrome Support Group

Registered Charity Number 1146127.

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